

CLAIMS:I claim: 1. A three integrated planar  
semipiternal gymnoplexus for providing intrinsic perdurable  
structural integrity for rotating discs and or a row of rotating  
discs, at constant elevation mounting positions, of various  
terrain dictated diameters between dual continuous orthogonally  
connected parallel planes, (A), the dual parallel planes provide  
coplanar mounting for the extremities of the rotating discs  
shafts' (G), with rotational locking geometry for each shaft's  
extremity included, (C), integral to the plane, the mutually  
orthogonally connected planar platform, (D), which is located  
between and at one altitude extremity of the dual parallel planes  
has capability for allowing the device to be secured to an  
external pedal equipment i.e. boots, sandals, shoes, ...etc or  
nonpedal input motivating surface, (E), the dual parallel planes  
also provide mounting provision, (F), for an externally mounted  
braking device from either or both longitudinal extremes, of the  
gymnoplexus.